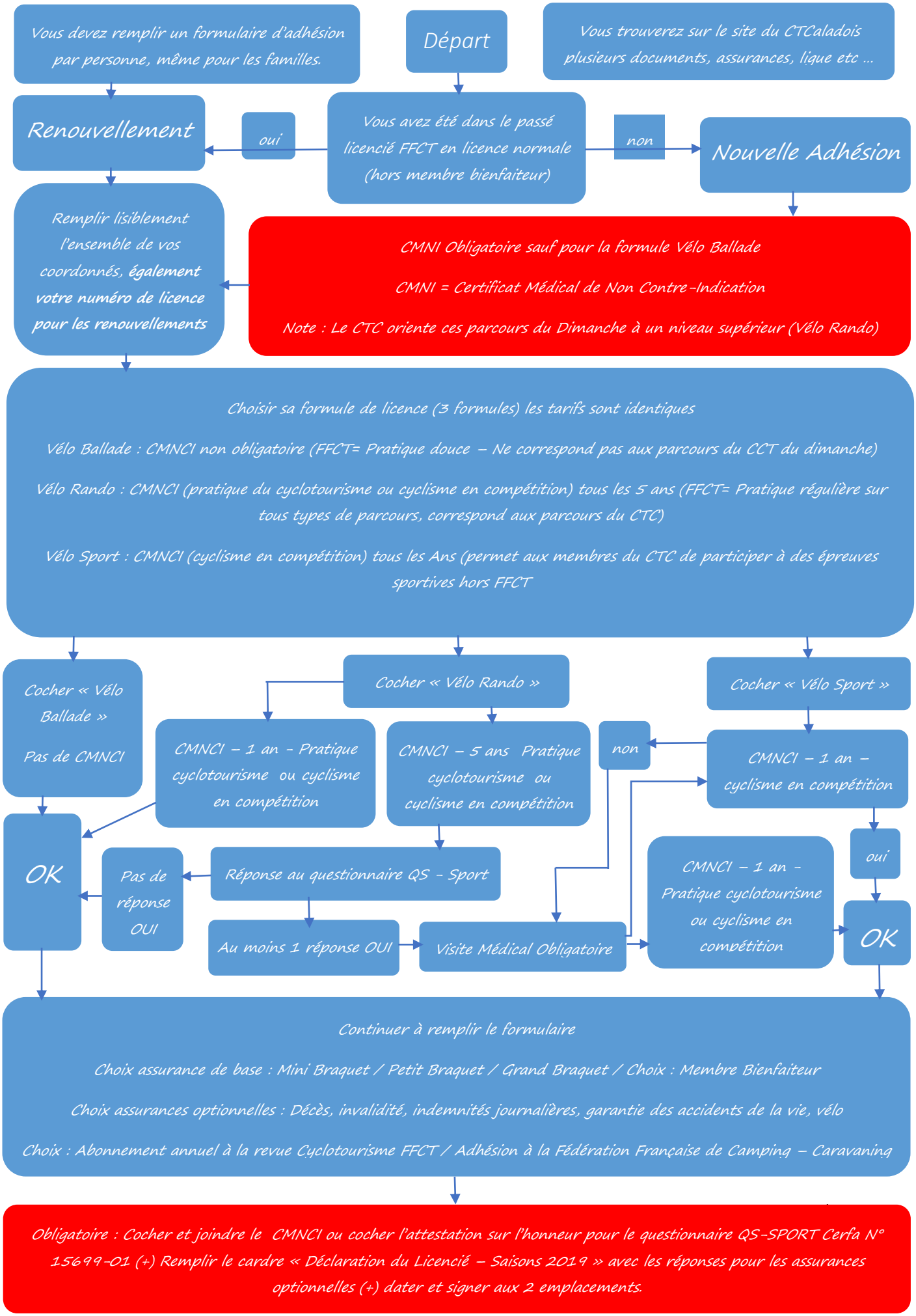TUTORIEL pour remplir votre adhésion « LICENCE 2019 »